

Certificate of Completion

This is to certify that **Suzie Baer** has successfully completed the following workshop at the Laban/Bartenieff Institute of Movement Studies:

Workshop title: **Introduction to Anatomy & Kinesiology**

Date: August 15 – 16, 2026

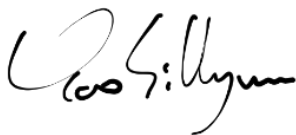
Instructor: Anastasi Siotas

Number of hours: 18

Description of Course: An experiential discovery into the organization of the body. Participants study the structural and functional aspects of anatomy with emphasis on the skeletal and muscular systems. An integrated approach to the theory and practice of anatomical and kinesiological concepts is presented through lectures, hands-on work, and demonstration of everyday movement. The students work with the instructor and with each other to clarify the location, direction, and action of major joints in the body. They use simple movement practices, tactile aids, and visual examples to enhance their ability to visualize anatomical structures.

If you need further information, please contact LIMS®.

Sincerely,



Si-Hyun Yoo, Ph.D., CMA
Director of Education
Laban/Bartenieff Institute of Movement Studies, LIMS®

DATE: August 17, 2026