

Certificate of Completion

This is to certify that **Suzie Baer** has successfully completed the following workshop at the Laban/Bartenieff Institute of Movement Studies:

Workshop title: **Introduction to Laban Movement Analysis**

Date: August 29 – 30, 2026

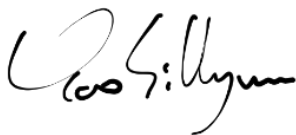
Instructor: Cheryl Clark

Number of hours: 18

Description of Course: Students are introduced to Rudolf Laban's language of movement. Through movement experiences and theoretical discussion, students explore the basic components of Laban Movement Analysis – Body, Effort (dynamics), Shape, and Space Harmony. Students discover how to vary movement dynamics, investigate the many ways that the body can shape itself and project into space, and how these principles can be applied to the understanding of any area involving movement, such as dance, theater, therapy, management consulting, education, and non-verbal communication research.

If you need further information, please contact LIMS®.

Sincerely,



Si-Hyun Yoo, Ph.D., CMA
Director of Education
Laban/Bartenieff Institute of Movement Studies, LIMS®

DATE: August 31, 2026